

— TAMARINDO, COSTA RICA —

Rincón de la Vieja Volcano Hike

Wildlife & Hot Springs

FULL DAY



RINCON DE LA VIEJA VOLCANO HIKE – Costa Rica in a Day



Price per person

\$240 USD

Minimum of 10 participants

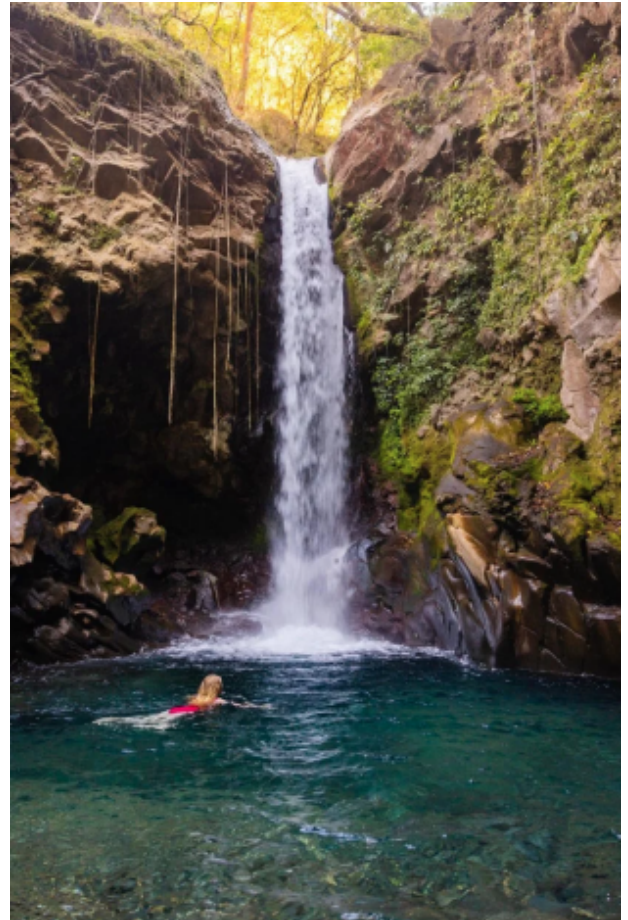
Schedule

Start: 06:00am

End: 8:00pm



Meet your guide at the lobby of the hotel



Rainforest Trails

Hike through the tropical forest that extends from the Rincón de la Vieja Volcano National Park, part of the Guanacaste Conservation Area, a UNESCO World Heritage Site that protects 2.6% of the world's biodiversity.

The trail system offers routes for different ages and fitness levels, allowing you to experience the region's rich natural environment at your own pace.

Los Higuerones Hanging Bridges

Take a peaceful walk across 14 hanging bridges that wind through the forest canopy, reaching up to 20 meters high. As you cross each bridge, you'll hear birdsong and the gentle rustle of the leaves, creating a calm and immersive experience surrounded by nature.

Salitral Waterfall Hiking

Explore the tropical forest on a scenic trail that leads to the historic Sulfur Mine and the 60-meter-high Salitral Waterfall, hidden within a natural rock canyon. Along the way, you'll experience the sounds, scents, and energy of the forest.



Hot Springs, Volcanic Mud, and Sauna

Explore the tropical forest on a scenic trail that leads to the historic Sulfur Mine and the 60-meter-high Salitral Waterfall, hidden within a natural rock canyon. Along the way, you'll experience the sounds, scents, and energy of the forest.

After the hike, unwind in natural hot springs surrounded by rainforest. Enjoy a volcanic mud bath and a soak in the thermal pools, a peaceful way to relax and connect with nature.



Las Pavas Canopy

Soar above the rainforest and take in breathtaking views of the Gulf of Papagayo and the Rincón de la Vieja Volcano. With 12 platforms reaching up to 150 meters high, this canopy tour offers a thrilling yet accessible experience for all ages.



Waterslides

Experience the rush of speed and fresh mountain water on the longest water slide in Costa Rica's jungle. This 425-meter descent winds through lush tropical forest, combining adventure, nature, and pure fun.

Cultural Tour

Discover Costa Rica's traditions through a journey of flavor, craft, and heritage.

At **El Trapiche**, experience the sweetness of Costa Rica's sugar heritage in a traditional mill pulled by oxen. Taste freshly pressed sugarcane juice and see how artisanal products are made using ancestral methods.

At **La Fonda**, enjoy a culinary tour that celebrates Guanacaste's roots, blending Chorotega and Spanish influences. Traditional dishes come to life with local ingredients and recipes passed down through generations.

Savor Costa Rica's finest at **Guipipía Gourmet Coffee**, where every cup tells a story of care and craftsmanship, from bean selection to small-batch roasting that preserves aroma and flavor.



Finally, visit the **Guaitil Indigenous Ceramic Workshop**, where artisans keep pre-Columbian pottery alive. Learn about their techniques, shapes, and designs — all crafted with local materials and recognized with a Denomination of Origin Seal.



Traditional Costa Rican Food Lunch

Discover Costa Rica's flavors through dishes made with fresh, locally grown ingredients straight from the garden and farm. Fruits, vegetables, and herbs are cultivated naturally, while eggs and dairy come from free-grazing, healthy animals.

Each ingredient is collected through artisanal methods and transformed into traditional recipes that celebrate the region's rich culinary heritage. Every meal reflects a deep connection to the land — an experience of culture, care, and nourishment in every bite.

Important Notes

This tour departs from Tamarindo

Average Temperature in Guanacaste: 35° C / 90° F

Important: this itinerary is subject to change and may be adapted according to weather conditions.

For a comfortable trip, we recommend you bring:

- Water jacket
- Swimming suit
- Flip flops
- Towel
- Reusable water bottle

Package Details

Included

- ✓ Transportation
- ✓ Bilingual guide (Spanish/English)
- ✓ Entrance fee to:
 - Rainforest Trails
 - Los Higueros Hanging Bridges
 - Salitral waterfall hiking
 - Hot Springs, Volcanic Mud, and Sauna
 - Las Pavas Canopy
 - Waterslide
 - Cultural Tour
 - Traditional Costa Rican food lunch
- ✓ Lunch

Not Included

- ✗ Tips for guide/driver
- ✗ Personal expenses
- ✗ Items not explicitly listed above



✕ A towel might be included in your accommodation, but it's best to bring one of your own.