

COSTA RICA

ARENAL TO CARTAGO: RAINFORESTS, RUINS, & MORE

POST-SLT EXPERIENCE
4D/3N





Schedule

Day	Excursions	Lodging	Meals
1 - Sat	Transfer to La fortuna Check in time: 03:00 PM	Selina La Fortuna	- / - / -
2 - Sun	Lake Arenal Exploration	Selina La Fortuna	B / L / -
3 - Mon	Maleku Indigenous Experience	Selina San Jose	B / L / -
4 - Tue	Cartago Ruins Visit and Departure		B / - / -

Overview

Embark on an unforgettable journey through the natural wonders and rich cultural experiences of Costa Rica. This 4-day adventure will take you from the tranquil town of La Fortuna, nestled in the shadow of the Arenal Volcano, to the heart of indigenous Maleku culture. Explore the pristine Lake Arenal, discover the captivating Catarata de la Fortuna, and unwind in the soothing Aguas Termales (hot springs). Immerse yourself in the traditions of the Maleku people with guided nature walks, art classes, and dance performances. Your journey concludes with a visit to the historic ruins of Cartago, offering a glimpse into Costa Rica's storied past. Join us for an incredible exploration of Costa Rica's natural beauty and cultural heritage.

Highlights of the Trip

- Lake Arenal Exploration: Cruise the stunning Lake Arenal, surrounded by lush rainforests, and witness the region's diverse wildlife.
- Catarata de la Fortuna: Marvel at the breathtaking Fortuna Waterfall, a natural wonder nestled in the heart of the rainforest.
- Aguas Termales: Relax and rejuvenate in soothing hot springs, surrounded by the serene beauty of La Fortuna.
- Maleku Indigenous Experience: Immerse yourself in the indigenous Maleku culture, with guided nature walks, traditional art classes, and captivating dance performances.
- Cartago Ruins Visit: Explore the historic ruins of Cartago, offering a glimpse into Costa Rica's storied past.

Itinerary

DAY

1

Saturday

Arrival in La Fortuna

Your adventure begins as you arrive in the picturesque town of La Fortuna in the evening. You'll check into Selina La Fortuna, where you can unwind and prepare for the exciting days ahead.



Overnight
Selina La Fortuna

DAY

2

Sunday

Lake Arenal Exploration

Wake up to the beauty of La Fortuna. After breakfast, embark on a scenic boat tour of Lake Arenal, where you'll be surrounded by breathtaking sights and perhaps spot some local wildlife. A delightful lunch awaits you later in the day. In the afternoon, visit the awe-inspiring Catarata de la Fortuna (Fortuna Waterfall), a natural wonder. End your day with relaxation in the soothing Aguas Termales (hot springs). You'll return to Selina La Fortuna for a restful night.



Overnight
Selina La Fortuna



DAY

3

Monday

Maleku Indigenous Experience

Begin your day with an exploration of the Maleku Reserve. Join a guided nature walk to learn about the indigenous people's use of medicinal plants and survival techniques. Get in touch with your creative side with art classes, where you'll paint on jícaros (gourds). Experience the captivating Maleku dance and savor a traditional Costa



Rican lunch. In the afternoon, return to La Fortuna for another relaxing soak in the Aguas Termales (hot springs). Your night's accommodation awaits at Selina San Jose.



Overnight
Selina La Fortuna



DAY

4

Tuesday

Cartago Ruins Visit and Departure

Today, you'll journey to Cartago to explore the fascinating ruins of this historic city. Discover the remnants of a bygone era and immerse yourself in the intriguing history of Cartago. After your exploration, it's time to bid farewell as you transfer to the airport for your departure.

Important Notes



For a comfortable trip, we recommend you bring:

- Good walking shoes
- Hat or cap
- Binoculars
- Sunglasses
- Sunscreen (at least SPF 30), even if it is overcast
- Camera

Pricing

Prices below are per person, based on a group of at least 11 people. Trips with fewer than 11 people can be arranged upon request and will require updated prices.

Price per person	Private services
Twin accommodation	\$716.00 USD

Included

- ✓ Shuttle service from/to airport
- ✓ All meals
- ✓ Accommodation in comfortable traditional bungalows
- ✓ All trips/excursions with a specialized guide
- ✓ Entrances to all activities.
- ✓ Insurance for all activities.

Not Included

- X Tips
- X Personal expenses
- X Meals not specified