



MEDLIFE DONATIONS LIST

Kilimanjaro, Tanzania

Medicine/Supplements**

- Vitamins--children, adult (women +50)
- Iron (Ferrous Sulfate) Supplements
- Folic Acid Supplements
- Lice/Scabies/Bed Bugs creams or lotions
 - Permethrin Cream
 - Crothamiton Cream
 - Nix
 - For reference: [Walgreens](#)
 - Rid
 - For reference: [Walgreens](#)
- Calcium Supplements
- Naproxen, Ibuprofen, Acetaminophen
- Curamed - terry naturally
- Fish Oil

Dental Supplies

- Children's toothbrushes
- Children's toothpaste

Batteries**

- AA
- AAA
- 3 volt lithium button
 - For reference: [Amazon](#)

Diapers

- Adult Diapers - Incontinence products**
 - Size S, M **
 - For reference: [Walmart](#)
- Baby Diapers
 - Any size

Powdered Milk**

Otoscope

Pulse Oximeter

- For reference: [Walmart](#)



General Supplies

- Gloves in all sizes
 - Preference: Nitrile Exam Gloves (because they are thicker)
 - For reference: [Amazon](#)
- Face Masks
 - Preference: N-95
- Hand Sanitizer with pump
- Wet Wipes

OB Supplies

- Contraceptives
- Reusable pads

Project

- Safety work gloves
- Safety goggles
- Paintbrushes

Bed Linen

Clothing for Donation

Shoes

**Most needed

*Please make
sure all donations are
new or in good condition*