

COSTA RICA

# PURA VIDA EXPEDITION: FROM RAINFOREST TO SURFBOARD

PRE-SLT EXPERIENCE

4D/3N





# Schedule

Day	Excursions	Lodging	Meals
1 - Thu	Flight arrival Transfer from airport to Hacienda Guachipelin Check in time: 03:00 PM	Guachipelin	- / - / -
2 - Fri	Hacienda Guachipelin adventure tour	Guachipelin	B / L / D
3 - Sat	Hike and Oropendula waterfall	SLT accommodation	B / L / -
4 - Sun	Palo verde National Park	SLT accommodation	B / L / -

## Overview

This is a summation of the trip only and neither reservations for services nor hotel bookings have been made.

Availability of all services is guaranteed upon confirmation of reservation. The prices quoted are valid for 1 week from quotation date and are subject to availability at the time of booking. Small deviations in the tour program are sometimes necessary, depending on weather, road conditions, flight schedules and room availability. Therefore, quoted rates might change accordingly.

## Highlights of the Trip

- Nature Hike and Oropendula Waterfall: Exploring Rincón de la Vieja National Park with a nature hike and visiting the majestic Oropendula Waterfall offers a blend of natural beauty and adventure.
- Tempisque River Boat Tour: A boat tour in Palo Verde National Park, with its abundant wildlife sightings including crocodiles, monkeys, iguanas, and migratory birds, provides an unforgettable wildlife experience.
- Cultural Exploration in Guaitil Town: A visit to Guaitil Town, where you can purchase Chorotega pottery and learn about the pottery-making process, offers a unique cultural immersion.
- Surf Lessons in Tamarindo: Enjoy surf lessons in the Pacific Ocean. This is a thrilling and fun-filled activity that allows you to ride the waves and embrace the coastal lifestyle.
- Overnight Stays: The accommodations at Hacienda Guachipelin Hotel and Selina Tamarindo provide comfortable and charming settings for relaxation and reflection after your adventures.

## Itinerary

DAY

1

Thursday

### Arrival To Hacienda Guachipelin

Upon arrival, you'll be greeted and smoothly transferred to the enchanting Hacienda Guachipelin, where your adventure and relaxation await. Surrounded by lush landscapes, this charming accommodation promises a serene and restful night's stay, preparing you for the exciting adventures that lie ahead.



Overnight  
Hacienda Guachipelin Hotel

DAY

2

Friday

### Hacienda Guachipelin

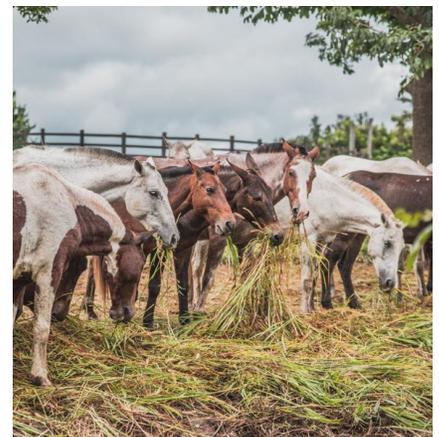
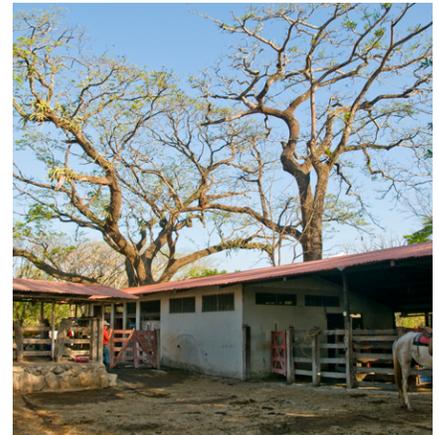
Embark on an exhilarating journey in Hacienda Guachipelin, where your day will be filled with thrilling activities and natural wonders

Your day begins with an adrenaline-pumping tubing adventure down the refreshing river. As you navigate the rapids, you'll be surrounded by lush greenery and the sounds of nature, making this a memorable and invigorating experience. Next, saddle up for a scenic horseback ride through the pristine landscapes of Hacienda Guachipelin.

Enjoy a well-deserved break and savor a delicious lunch served in the heart of nature. This moment of relaxation allows you to refuel and appreciate the natural surroundings.

#### Thrilling Canopy, Rappel, and Rock Climbing

Brace yourself for an afternoon of adventure as you take on the challenge of canopy zip-lining, rappelling down rock faces, and scaling rocky heights. After the adrenaline rush, unwind and rejuvenate in the natural hot springs of Guachipelin. Immerse yourself in the warm, mineral-rich waters while surrounded by the tranquil beauty of the rainforest—an ideal way to relax and reflect on your action-packed day.



Your day of adventure concludes with a comfortable night's rest at the Hacienda Guachipelin Hotel.



Overnight  
Hacienda Guachipelin Hotel

DAY

3

Saturday

### Nature Hike and Oropendula Waterfall

Your second day promises thrilling adventures in nature and fun in the waves of Tamarindo.

#### Hike in Rincón de la Vieja National Park

Begin your day by exploring the stunning Rincón de la Vieja National Park. This hike will take you through lush natural trails, where you can admire the unique flora and fauna of the region.

Make a stop at the majestic Oropendula Waterfall, a breathtaking natural wonder. Take in the cascading waters and the beauty of the surrounding landscape, offering a perfect photo opportunity and a refreshing break.

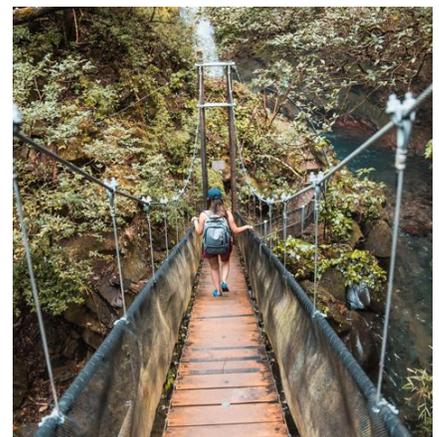
Recharge with a delicious lunch to fuel your afternoon adventures.

Leave the serene natural setting behind as you transfer to the vibrant beach town of Tamarindo.

#### Surf Lessons

Dive into the waves and experience the thrill of surfing with an exciting surf lesson in the Pacific Ocean. Whether you're a beginner or an experienced surfer, Tamarindo offers the perfect waves for everyone to enjoy.

After a day filled with outdoor adventures, unwind and relax at Selina Tamarindo.



Overnight  
Selina Tamarindo

DAY

4

Sunday

## Palo Verde National Park and Cultural Exploration

Your fourth day brings you to Palo Verde National Park for a blend of wildlife encounters and cultural exploration.

### Park Tempisque River Boat Tour

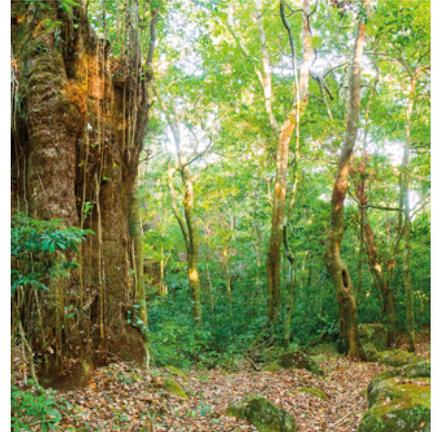
Embark on a thrilling Tempisque River boat tour, an adventure that will bring you face to face with a plethora of fascinating wildlife. Keep your eyes peeled for the sight of numerous crocodiles, white-faced and howler monkeys, iguanas, and migratory birds.

Delight in a traditional Costa Rican lunch that includes rice, beans, salad, picadillo, chicken in sauce, and refreshing natural juice. For dessert, savor a choice of rice pudding or coffee, providing a taste of authentic local cuisine.

### Visit to Guaitil Town

Explore Guaitil Town, where you'll have the opportunity to purchase beautiful Chorotega pottery and gain insights into the pottery-making process. This cultural excursion allows you to connect with the artistic heritage of the region.

Return to the comfort of Selina Tamarindo for a well-deserved night's rest.



Overnight  
Selina Tamarindo



## Important Notes

### For a comfortable trip, we recommend you bring:

- Good walking shoes
- Hat or cap
- Binoculars
- Sunglasses
- Sunscreen (at least SPF 30), even if it is overcast
- Camera

### Pricing

Prices below are per person, based on a group of at least 11 people. Trips with fewer than 10 people can be arranged upon request and will require updated prices.

Price per person	Private services
Twin accommodation	\$854.00 USD

### Included

- ✓ Shuttle service from/to airport
- ✓ All meals
- ✓ Accommodation in comfortable traditional bungalows
- ✓ All trips/excursions with a specialized guide
- ✓ Entrances to all activities.
- ✓ Insurance for all activities.

### Not Included

- X Tips
- X Personal expenses
- X Meals not specified